



Queens County Rec League

CONSTITUTION

Last update: October 31, 2019

CONSTITUTION

NAME

- The organization shall be known as the “Queens County Hockey League” hereinafter referred to as the “League”.

OBJECTIVES

- The objectives of the League are as follows:
 - a) To foster and encourage the support of recreational hockey in Charlottetown and surrounding areas;
 - b) To sponsor and encourage clean hockey and to discourage unsportsmanlike tactics;
 - c) To supervise and carry out hockey contests with the League and to eventually declare a League Champion.

MEMBERSHIP / TEAMS

- The League shall be comprised of bona fide teams, as determined annually by September of said year of play. Teams must be in good standing with the league (including having league fees paid in accordance with dates on the payment schedule).
- All teams from the prior season will be given the chance to play in the league the next season by making payments in accordance with the payment schedule outlined by the commissioner.
- New teams will be permitted as long as the commissioner is able to secure the necessary ice time and they abide by the payment schedule.
- Players must be at least 18 years of age and ineligible to play minor hockey.
- Players can play on more than one team under the caveat that they do not play on two teams in the same division. **Note:** if a player playing on multiple teams gets suspended, they must serve their game(s) with the offending team before they can play a game with any other team.

AMENDMENTS

- The Constitution and Code of Discipline may be amended or altered at any time by the league commissioner.
- Where any matter is not dealt with within the Constitution or Code of Discipline of the League, the league commissioner will make a decision.

COMMISSIONER

- The League will be directed and managed by the Commissioner with the support of the Team Representatives. They will establish the policies of the League, and uphold the Constitution and Code of Discipline of the League.
- The Commissioner shall have full authority to suspend, fine (or both) any player or team whose actions are deemed to be prejudicial to good sportsmanship, detrimental to the positive image of the League, or who violates general rules of play, or specific League rules and regulations.
- The Commissioner shall be responsible for the preparation and distribution of an annual League schedule to member teams, co-ordinate the maintenance of league statistics, and maintain a League Web Site.
- The Commissioner shall be responsible for the payment of league expenses from the teams.

GAMES

- All League games will be comprised of a 5-minute warm-up with two (2) twenty-five (25) minute straight-time periods. If the score is within 2 goals, the final two minutes will be stop time.
- Team captains are to validate their team's roster on the game sheet during the intermission between periods.
- Games tied at the end of regulation during the playoffs are broken by a 5-minute stop-time 4-on-4 overtime period. If still tied, a shootout will follow (3 shooters per side followed by sudden death).
- Any team dressing an ineligible player due to suspension, or any other reason will forfeit the win to the opposing team.
- Slapshots are not allowed and the consequence will be a face-off in the offending team's zone.

ARENA POLICIES

- Beer is officially not permitted at arenas, however, staff are okay with it if it is only consumed in the dressing rooms and teams clean up after themselves. The best strategy is to conceal it in your bags before the games and take empties with you afterwards. Do not leave it in the garbage bins in the dressing rooms for kids to see during early morning practices the next day.
- Teams must exit dressing rooms within 30 minutes of game completion.
- Any penalty for violation of arena policies will be the responsibility of the offending team(s).

SCHEDULE/DIVISION(S)

- Upon completion of the League schedule, no games shall be re-scheduled except with the authorization of the Commissioner, or his designate.
- At the commissioner's discretion, the league will be split into separate divisions for regular season and playoffs to ensure equal and fair competition amongst competing teams.

PLAYOFFS

- The League playoff format shall be constructed annually by the league commissioner.

- League standings shall be determined by an accumulation of points: two points shall be awarded for a win. One point for a tie.
- Players must have played in at least 8 games for their team in order to be eligible to play in the playoffs.
- If two or more teams are tied in points after regular season's schedule is completed, then the following formula will break the tie:
 1. greater number of games won
 2. greater number of points earned in games between tied teams.
 3. greater differential between goals for and against for the entire season
 4. best goal average: GF + GA divided by GF (lowest # is best)
 5. the team who scored their first goal of the season the earliest.
 6. the team with fewest penalty minutes
 7. coin toss

CODE OF DISCIPLINE

- When a suspension is incurred, the suspension must be served in the next consecutive game(s). Exhibition games do not count as suspended games.
- The following are the minimum suspensions for each offence:

Offence	Minimum Suspension
Gross Misconduct	2
Match Penalty	5
Fighting	5
Verbal Abuse of officials	2
Physical Abuse of officials	lifetime ban

Notes:

- 1) at the discretion of the commissioner and team captains, more than the minimum suspension can be issued if exceptional circumstances exist.
- 2) any player who incurs a second suspendable offence will have the suspension at least doubled